# WEST MEADOWS DINNER MENU WEEK 1

## Week 1 — Week Commencing: 02/11/26, 23/11/26, 14/12/26, 18/01/27, 08/02/27 & 08/03/27

| Day | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Course | Cheese Pizza | Meatball Sub | Chicken Fillets & Yorkshire Puddings | Minced Beef & Onion Pie | Fishfingers |
| Vegetarian Option | Cheese Pizza | Quorn Sub | Quorn Fillet | Quorn Pie | Tomato Pasta Bake |
| Served with | Homemade Wedges, Peas & Sweetcorn | Diced Potatoes, Peas & Carrots | Mashed Potato, Broccoli, Cauliflower & Gravy | Mashed Potato, Mushy Peas/Peas & Gravy | Vegetable Medley |
| Jacket | Jacket Potato with a choice of fillings | Pasta with Pasta Sauce, Peas & Carrots | Jacket Potato with a choice of fillings | Pasta with Pasta Sauce, Peas & Sweetcorn | Jacket Potato with a choice of fillings |
| Dessert | Lemon Drizzle Cake | Blueberry Muffins | Malt Loaf | Jelly with Fruit | Frozen Yoghurts |

Fresh salad/crusty bread available from the refrigerated salad bar daily
A selection of fresh fruit/cheese, crackers & yogurts available daily
Water available daily. Flavoured fruit available on mid-week roast days (Wednesday)

Food allergies and Intolerances: Information can be obtained by talking to staff.
Where a diet plan can be arranged to suit dietary requirements
All our meat is locally sourced wherever possible from Yorkshire and UK farm assured.
All vegetables are fresh from a local supplier. All fish used in our dishes are from sustainable sources.

# WEST MEADOWS DINNER MENU WEEK 2

## Week 2 — Week Commencing: 09/11/26, 30/11/26, 04/01/27, 25/01/27, 22/02/27 & 15/03/27

| Day | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Course | Bolognese with Pasta | Quorn Dipper Wrap | Roast Gammon & Yorkshire Puddings | Chicken Korma & Rice | Fishcake |
| Vegetarian Option | Vegetarian Bolognese | Quorn Dipper Wrap | Quorn Fillet | Vegetarian Korma & Rice | Mac & Cheese |
| Served with | Sweetcorn & Peas | Diced Potatoes, Peas & Carrots | New Potatoes, Cabbage, Carrots & Gravy | Broccoli & Cauliflower | Chips, Peas & Sweetcorn |
| Jacket Potato/Pasta | Jacket Potato with a choice of fillings | Pasta & Pasta Sauce | Jacket Potato with a choice of fillings | Pasta & Pasta Sauce | Jacket Potato with a choice of fillings |
| Dessert | Rice Pudding with Fresh Fruit | Vanilla Cake & Fresh Fruit Slice | Malt Loaf | Raspberry Bun with Fresh Fruit | Ice Cream |

Fresh salad/crusty bread available from the refrigerated salad bar daily
A selection of fresh fruit/cheese, crackers & yogurts available daily
Water available daily. Flavoured fruit available on mid-week roast days (Wednesday)

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Where a diet plan can be arranged to suit dietary requirements
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# WEST MEADOWS DINNER MENU WEEK 3

## Week 3 — Week Commencing: 16/11/26, 07/12/26, 11/01/27, 01/02/27, 01/03/27 & 22/03/27

| Day | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Course | Lasagne with Garlic Bread | Breakfast Muffin | Roast Beef & Yorkshire Puddings | Chicken Fillet Wrap | Fish Fingers |
| Vegetarian Option | Vegetarian Lasagne | Vegetarian Breakfast Muffin | Quorn Fillet | Quorn Pieces Wrap | Homemade Cheese & Onion Roll |
| Served with | Peas & Sweetcorn | Bacon, Egg Omelette, Hash Brown, Beans & Tomatoes | Mashed Potatoes, Broccoli, Cauliflower & Gravy | Wholemeal Rice, Carrots & Peas | Chips, Sweetcorn & Peas |
| Jacket Potato/Pasta | Jacket Potato with a choice of fillings | Pasta with Pasta Sauce | Jacket Potato with a choice of fillings | Pasta with Pasta Sauce | Jacket Potato with a choice of fillings |
| Dessert | Rice Pudding & Fruit Slice | Custard Cookie with Fruit | Malt Loaf | Marble Sponge & Custard | Frozen Yoghurt |

Fresh salad/crusty bread available from the refrigerated salad bar daily
A selection of fresh fruit/cheese, crackers & yogurts available daily
Water available daily. Flavoured fruit available on mid-week roast days (Wednesday)

Food allergies and Intolerances: Information can be obtained by talking to staff.
Where a diet plan can be arranged to suit dietary requirements
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All vegetables are fresh from a local supplier. All fish used in our dishes are from sustainable sources.