



# Year 2 Coverage and progression



1 decision	Keeping/ staying safe	Keeping/staying healthy		Relationships		Being responsible		Feelings and emotions.		Computer safety.	Our World	Hazard watch
Subject title	Tying shoe laces.	Brushing teeth.	Healthy eating.	Bullying.	Body Language.	Practice makes perfect.	Helping someone in need.	Worry.	Anger.	Image sharing.	Looking after our world	What is safe to eat and drink. Fire safety.
Learning objective	Developing understanding of safe and unsafe scenarios.	Understand how and why to brush your teeth. Know the differences between healthy and unhealthy choices.	Foods for health and growth. Healthy and unhealthy food choices.	Be able to see and understand bullying behaviours. Know how to cope with bullying behaviours.	Understand that feelings can be shown without words. Understand why it is important to care about other people's feelings.	Be able to name ways you can improve in an activity or sport. Be able to see the benefits of practising an activity or sport.	Know how you can help other people. Understand the risks of talking to people you don't know very well in the community. Learn a range of skills for coping with unpleasant / uncomfortable emotions.	Learn a range of skills for coping with unpleasant / uncomfortable emotions. Understand that feelings can be communicated with and without words.	Be able to recognise and name emotions and their physical effects.	Understand how your online actions can affect others. Know the risks of sharing images without permission. Understand the difference between safe and risky choices online.	Explain the meaning of reduce, reuse and recycle. Recognise how we can look after our planet. Identify how we can reduce the amount of water and electricity that we use.	Understand what are safe items to play with and what are not. Learn about the potential dangers to younger siblings. Learn about what is safe to drink and what is not.

<p style="text-align: center;">Impact Covers Statutory Elements DfE RSE 2019</p>	<p><b>KS1 Expectations: Being Safe (R)</b> How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know. How to recognise and report feelings of being unsafe or feeling bad about any adult.</p>	<p><b>KS1 Expectations: Healthy Eating (H)</b> The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health).</p> <p><b>Health and Prevention (H)</b> About dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist.</p>	<p><b>KS1 Expectations: Respectful relationships (R)</b> That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.</p> <p><b>Caring friendships (R)</b> How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.</p>	<p><b>KS1 Expectations: Physical health and fitness (H)</b> The importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise. The risks associated with an inactive lifestyle (including obesity).</p> <p><b>Being safe (R)</b> How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know. How to recognise and report feelings of being unsafe or feeling bad about any adult.</p>	<p><b>KS1 Expectations: Caring friendships (R)</b> That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right</p> <p><b>Mental wellbeing (H)</b> That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.</p>	<p><b>KS1 Expectations: Online relationships (R)</b> That people sometimes behave differently online, including by pretending to be someone they are not. That the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous. How information and data is shared and used online.</p>	<p><b>PSHE Programme of Study Core theme – Living in the Wider World</b> About where money comes from, keeping it safe and the importance of managing it effectively The part that money plays in people’s lives A basic understanding of enterprise</p>
--	---	--	---	--	--	---	--