



Year 5 Coverage and progression



1 decision	Keeping/ staying safe	Keeping/staying healthy	Relationships	Being responsible	Feelings and emotions.	Computer safety.	The working world	A world without judgement.
Subject title	Peer Pressure Adults views Children's views	Smoking Adults views Children's views	Puberty Adults views Children's views	Looking out for others Adults views Children's views	Anger Adults views Children's views	Image sharing Adults views Children's views	Enterprise Adults views Children's views	Inclusion and acceptance Adults views Children's views
Learning objective	Understand potential outcomes of taking risks. What is peer pressure and why do we give in to it? Explore a range of scenarios featuring adult and children's views in order to develop strategies to cope with peer pressure.	Understand that cigarettes contain nicotine, which is a drug, and that there are risks (physical, social and legal) related to smoking. Know and understand how smoking can affect your future health and wellbeing. How to manage pressures of smoking.	Understand what puberty means. Know and understand the changes that boys and girls may go through during puberty Understand why bodies go through puberty Be able to develop coping strategies to help with the different stages of puberty.	Learn skills of how to speak out when someone is being unkind to us or others. Be able to describe caring and considerate behaviour. Understand why it is important to be considerate and stand up to people who are not behaving in an appropriate, responsible way.	Understand more about healthy and unhealthy anger. Understand it is natural to feel angry but how it is expressed is important. How to debate.	Understand the consequences of potential outcomes of sharing images online. Be able to create a set of rules to follow when sharing images online. Know that there are rules and laws about sharing images online. How to overcome pressures to share online.	Understand the basics of saving money, be able to identify how you can help at home. Understand how to budget for items you would like to buy.	What makes us different and unique? What makes the community diverse? Describe strategies to overcome barriers and promote diversity and inclusion

<p style="text-align: center;">Impact Covers Statutory Elements DfE RSE 2019</p>	<p>KS2 Expectations: Caring friendships (R) That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right. How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.</p>	<p>KS2 Expectations: Drugs, Alcohol and Tobacco (H) The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.</p>	<p>KS2 Expectations: Changing Adolescent Body (H) Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. About menstrual wellbeing including the key facts about the menstrual cycle.</p>	<p>KS2 Expectations: Being Safe (R) What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context). About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.</p>	<p>KS2 Expectations: Caring friendships (R) That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right. How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.</p>	<p>KS2 Expectations: Internet safety and harms (H) About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing. How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.</p>	<p>PSHE programme of study Core theme – Living in the Wider World About where money comes from, keeping it safe and the importance of managing it effectively The part that money plays in people's lives A basic understanding of enterprise</p>	<p>KS2 Expectations: Respectful relationships (R) What a stereotype is, and how stereotypes can be unfair, negative or destructive The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.</p>
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