



NATIONAL CURRICULUM

What should I already know?

- Buddhist show respect to their Holy book.
- Buddhist go to a Vihara to pray and take off their shoes as a mark of respect.
- There are special features inside a Vihara to help Buddhists pray such as flowers, a singing bowl, incense sticks, statues of Buddha and the eight - spoked wheel to remind them of the Noble Eightfold Pathway.
- Buddhists have a vegetarian diet, choose jobs which do not involve killing and meditating as part of their everyday life.



What will I know by the end of this unit?

- Know some of the teachings of the Buddha.
- Explore the meanings of some stories of the Buddha's life.
- Recognise and describe the Five Precepts of the Buddha.
- Make links between the practice of the followers of the Buddha and my own life; e.g. similarities and differences.
- Listen to stories of the Buddha and produce collage artwork that show the four sites.

Special Festivals



Wesak, also known as Buddha Day, is the celebration of Buddha's:

- birth, somewhere between 563 and 483BC
- enlightenment at age 35 when he became the Buddha
- final 'passing' into the state Nirvana at the age of 80

Theravada Buddhists believe that all these events happened on the same day.

Buddhists donate blood to hospital during Wesak, others give away free dharma books. All over the world, Buddhists decorate monasteries with Buddhist flags, lanterns and flowers.

Buddhist monks (Bhikkhus) and Buddhist nuns (Bhikkhunis) spend most of the day studying and meditating. Monks are given their food and everything else they need by people living around them. It is called giving alms. Buddhism teaches that giving to others is very important, and giving to monks is part of a Buddhist's religious duty.

SCHOOL KEY DRIVERS

<i>Language</i>	<i>Possibilities</i>	<i>Diversity</i>
<p><i>Vihara</i> - special building where Buddhist go to pray/meditate.</p> <p><i>Pali Canon</i> - A set of books that guide Buddhists.</p> <p>The <i>four sites</i> - these are very special places that Buddhists visit/pilgrimage -</p> <ul style="list-style-type: none"> • <i>Lumbini, Siddhartha's birthplace.</i> • <i>Bodh Gaya, the place of his Enlightenment.</i> • <i>The Deer Park at Sarnath, where he first preached the Dhamma.</i> • <i>Kushinagara, where he passed away.</i> <p><i>Five Precepts</i> - The 5 rules for Buddhists.</p>	<ul style="list-style-type: none"> • <i>To visit a Vihara</i> • <i>To explore job opportunities within Buddhism</i> 	<p><i>To explore a variety of beliefs and cultures.</i></p>