



NATIONAL CURRICULUM

What should I already know?

- Understand some of the sayings from the writing of the Buddha and relate them to my own life such as; 'Like a flower full of colour and fragrance are the words of those who practice what they preach.'
- Demonstrate an awareness of community activities for followers of the Buddha.
- Give examples of how followers of the Buddha are committed to their ideas, community and teaching such as; eg no killing, loyalty to friends, truthfulness and honesty, sharing wealth and respect for the body.
- Describe the life of a monk and show an appreciation of what it is like to live in the disciplined life of a Bhikkhu (Monk).
- Understand the idea of 'seeing the light' or 'Enlightenment.' And why this idea matters so much to the followers of the Buddha?



What will I know by the end of this unit?

- Understand why we respect Holy books.
- Make links between meditation practice and places of worship for those seeking the way of the Buddha. Make a visit to a Vihara or a virtual tour.
- Think about our own commitments, in the light of studying the way of the Buddha.
- Create an imaginative diary of feelings during time spent 'In robes' as a monastic learner.

Buddha's teachings

When the Buddha was teaching, no one wrote anything down. After the Buddha died people started to write down what the Buddha had said and taught. The Buddha's teachings are called the Pali Canon and the Sanskrit Canon. The Pali Canon were the first collection of teachings to be written down. It is also called the Tripitaka, which means three baskets.



- Think about personal or shared times of pain or suffering.
- Create an artwork about the life of the Buddha that shows my reflections

SCHOOL KEY DRIVERS

<i>Language</i>	<i>Possibilities</i>	<i>Diversity</i>
<p><i>The Pali Canon - The sacred set of books for Buddhists.</i></p> <p><i>Vihara - The place of worship for Buddhists.</i></p> <p><i>Bhikkhu - A Buddhist Monk.</i></p> <p><i>Meditating - Mental exercise and a time to reflect.</i></p> <p><i>Dalai Lama - The spiritual head of the Tibetan Buddhism.</i></p>	<ul style="list-style-type: none"> • <i>Be involved in community activities for followers of the Buddha.</i> • <i>Explore / interview Buddhists and compare our lives.</i> 	<p><i>To explore a range of beliefs and cultures.</i></p>