



## SMAT Summer Menu April – September 2023

17/04/23, 02/05/23, 15/05/23, 12/06/23, 26/06/23, 10/07/23

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Traditional Meal of the Day</b>	Battered Chicken Chunks	Spaghetti Bolognese	Roast Chicken Fillet	Big Breakfast (Bacon, sausage, hash brown, egg omelette, ½ bread slice)	Fish Fingers or Salmon Fish Cakes
<b>Vegetarian Option</b>	Vegetarian Meat Balls	Southern style Burger in Wholemeal Bread roll	Quorn Fillet	Breakfast Omelette	Ratatouille Ravioli in Homemade Tomato Sauce
<b>Side Dish</b>	Criss Cut Potatoes Rice	Crusty Bread Skin On Wedges	Yorkshire Pudding Stuffing Mashed Potato	Hash Brown	Chips Crusty Roll
<b>Accompaniments</b>	Carrots Garden Peas  Tomato Sauce	Corn on the Cob Garden Peas	Cauliflower florets Broccoli Gravy	Baked Beans Button Mushrooms	Garden Peas Carrots Tomato Sauce
<b>Salad Bar Selection And Bread Selection</b>	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
<b>Dessert</b>	Chocolate & Orange Muffin	Homemade School Cake Custard	Fruit Yoghurt with Shortbread finger.	Artic Roll	
<b>Daily Selection</b>	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Fruit Smoothy	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Funky Fruit Friday Fruit in Jelly
<b>Filled Jacket Potato</b>	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.



ST. MARY'S  
ACADEMY TRUST

## SMAT Summer Menu April – September 2023

24/04/2023, 09/05/23, 22/05/23, 05/06/23, 19/06/23, 03/07/23, 17/07/23

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Traditional Meal of the Day</b>	Homemade Pizza Slice	SMAT Burger Day	Roast Pork with Stuffing.	Oven Baked Pork Sausage	Fish Fingers or Salmon Fish Burger
<b>Vegetarian Option</b>	Vegetarian Dippers	Macaroni Cheese	Quorn Fillet	Sausage Taco	Sweet and Sour Noodles
<b>Side Dish</b>	Mini Potato Waffles	Roast Potatoes Crusty Bread	Mashed Potato	Yorkshire Pudding Mashed Potato	Chips Crusty Roll
<b>Accompaniments</b>	Baked Beans Coleslaw	Baton Carrots Garden Peas Gravy	Broccoli Sweetcorn Gravy	Cauliflower Savoy Cabbage Gravy	Garden Peas Carrots Side Salad Tomato Sauce
<b>Salad Bar Selection And Bread Selection</b>	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
<b>Dessert</b>	Homemade Fruit Muffin	Fruit Neapolitan Ice Cream	Rice Pudding with Peach Melba Sauce	Waffle with Ice Cream and Fruit Sauce	Chocolate Sponge Chocolate Sauce
<b>Daily Selection</b>	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yogurt	Fresh Fruit Selection Fruit Smoothy	Fresh Fruit Selection Yoghurt	Funky Fruit Fruit in Jelly
<b>Filled Jacket Potato</b>	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings

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