

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Traditional Meal of the Day</b>	Battered Chicken Chunks	Spaghetti Bolognese	Roast Chicken Fillet	All Day Breakfast (Bacon, sausage, egg omelette, ½ bread slice)	Fish Fingers or or Salmon Fishcake
<b>Vegetarian Option</b>	Pasta Bake in Homemade Tomato Sauce	Southern Style Burger	Quorn Sausage	Homemade Margherita (Cheese) Pizza Slice	Mac 'n' Cheese
<b>Side Dish</b>	Skin on Wedges	Crusty Bread Mini Potato Waffles	Yorkshire Pudding Mashed Potato	Hash Brown	Chips Crusty Roll
<b>Accompaniments</b>	Sweetcorn Garden Peas  Tomato Sauce	Garden Peas Carrots	Broccoli & Swede Gravy	Baked Beans Mushrooms	Garden Peas Carrots Tomato Sauce
<b>Salad Bar Selection And Bread Selection</b>	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
<b>Dessert</b>	Cookie or Rice Crispy Cake	Assorted Ice-cream	Decorated School Cake	Chocolate & Orange Brownie	Jelly
<b>Daily Selection</b>	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
<b>Filled Jacket Potato</b>	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

## SMAT Autumn Term Menu, November - December 2023

DATES: 20/11/23, 04/12/23, 18/12/23

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Traditional Meal of the Day</b>	Homemade Margherita Pizza Slice	Beef Burger in Bun	Roast Chicken with Stuffing	Oven Baked Pork Sausage	Fish Stars or Salmon Fishcake
<b>Vegetarian Option</b>	Vegetarian Hot Dog	Dipper with a Katsu Sauce	Barbecue Noodles	Shepherdess Pie	Pasta in Homemade Tomato Sauce
<b>Side Dish</b>	Skin on Potato Wedges	Mini Potato Waffles	Mashed Potato	Yorkshire Pudding Mashed Potato	Chips Crusty Roll
<b>Accompaniments</b>	Baked Beans Coleslaw	Baton Carrots Garden Peas Tomato Sauce	Broccoli Swede Gravy	Sweetcorn Savoy Cabbage Gravy	Garden Peas Carrots Tomato Sauce
<b>Salad Bar Selection And Bread Selection</b>	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
<b>Dessert</b>	Chocolate Sponge Chocolate Sauce	Arctic Roll	Chocolate Whip	Waffle and Ice-cream	Lemon Muffin
<b>Daily Selection</b>	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yogurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Jelly
<b>Filled Jacket Potato</b>	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings

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